



Newsletter

Thursday 8 October 2026

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World Mental Health Day – Saturday 10 October

Parents and carers may be aware that Saturday marks World Mental Health Day. Connected with this event, Public Health England (PHE) [Better Health – Every Mind Matters campaign](#) provides NHS-endorsed tips and advice to help children and young people's mental wellbeing, and equip parents and carers with the knowledge to support them. The advice above has been developed in partnership with leading children and young people's mental health charities, including [Young Minds](#), [The Mix](#), [Place2Be](#) and [The Anna Freud Centre](#). It is designed to help parents and carers spot the signs that children may need support with their mental health, and also provides advice that can help maintain good mental wellbeing. The site also provides tools to help young people build resilience and equips them to look after their mental wellbeing.

Here in school, we link this focus both to the school's Learning for Life (L4L; see attachment – we're all aiming to be in the 'green zone'!) and to our simple school rules and motto of 'Aiming High & Having Fun!', emphasising to the children the importance of enjoyment and fun within school for our well-being.

October

Black
History
Month

Saturday 10
World
Mental
Health Day

Active Travel Success!

We have now received our Active Travel 'Very Good' accreditation here at school, our highest level of award to date (please see certificate attached)! Many thanks to all in the school community for supporting active travel to and from school where possible as part of this award - keep Walking, Scootering, Cycling and Park&Striding!

School Photograph Order Deadline

As you know, pupils had individual photographs taken here in school last week, and have now brought home a proof for you to see in their bookbags. Please note that if you would like to order a photograph for delivery via the school rather than directly by post from the photography company, the online order deadline is a week tomorrow (Friday 16 October).

Parking

Please could the school remind parents and carers of the importance of parking safely and with consideration to the local community when dropping off or picking up pupils from school. In particular, please can we request that parents and carers do not park on the zig-zags or pavement areas immediately outside the school, and avoid blocking residents' driveways or parking dangerously when parking their vehicle. Many thanks.